



do
what
you
love

TERM
02
2025

Community Centre Program Guide

22 April - 4 July

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Outlook
an inclusive society for all

How to enrol in a program

Online

www.outlookaust.org.au

In Person

24 Toomuc Valley Road, Pakenham, 3810

Email

communitycentre@outlookaust.org.au

Telephone

03 5940 4728

Payment

EFT, cash, online, bank transfer (contact the community centre to initiate transfer),

NDIS participants can be invoiced (contact the community centre)

Funding acknowledgement

We would like to acknowledge financial support from Adult, Community and Further Education Board, Cardinia Shire Council and Department of Health and Human Services.



Outlook Community Centre membership

It is centre policy that everyone who takes part in programs and activities becomes a member of the centre.

The membership is an annual fee from January to December, and assists with centre expenses. Membership is payable upon your first enrolment for the calendar year. Obtain by visiting the centre or via our website.

Individuals
\$10 per annum

Families
\$15 per annum

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24 Toomuc Valley Road

Pakenham VIC 3810

P 03 5940 4728

E communitycentre@outlookaust.org.au

www.outlookaust.org.au



Some Outlook Community Centre courses are payable as a full cost of their duration on enrolment. The cost is listed in the Term Program Guide. Only in exceptional circumstances will the centre management consider an application for casual payment or reduced term fees where classes will be missed.

Cancellations and refunds

If the centre cancels a class because minimum numbers are not met, students will be advised and all fees refunded in full. If you withdraw from a class more than 7 days before the advertised commencement date, a refund less an administration charge will be made. No refund will be given if you withdraw from a class less than 7 days before the advertised class commencement date.

Outlook Community Centre is an inclusive and accessible organisation with disability access, including hoists.



Centre closed Friday 25 April and Monday 9 June

How to Live at Home Longer

NEW

This session provides advice, tips and insights on how to continue living in your own home well into your senior years

The session is tailored for those aged 65 years and older, who want to know how to access government-funded subsidies and programs that will help them live happily at home for longer. The seminar also provides advice on navigating the 'My Aged Care' system, eligibility, available programs, and costs.

Wednesday 4 June

1pm - 2pm Cost: FREE

Supported by Latrobe Community Health Service



Discover the Upside of Ageing and How to Maintain your Independence

NEW

This information session is designed to help you stay independent and socially connected as you get older

This session will provide you with impartial information and resources, helpful product suggestions, and local activities and groups to help you take control of how you're ageing.

Friday 9 May

10.30am - 12pm Cost: FREE

Facilitated by LiveUp and is funded by the Australian Department of Health and Aged Care



Caravanning for Newbies

NEW

Interested in getting into caravanning or just bought a van and have a lot of questions?

The topics covered below could save you time, making your holidaying easier and more enjoyable:

- Trying before you buy
- Types of caravans – pros and cons
- Buying new vs used
- What to look for in a tow vehicle
- Towing on the open road – tricks and tips, hazards, navigation
- Essential modifications, accessories and tools
- What to take with you inside the van
- Reversing a caravan
- Packing up and setting up
- Planning a holiday and resources
- Maintenance, storage, and planning your holidays

Thursday 15 May

6.30pm - 9.00pm Cost: FREE

Card Games Social Group

Join others who love playing card games

Have some fun and make new friends playing games such as 500, Solo and Bridge.

Tuesdays

1pm - 4pm Cost: \$6 per session

All Together Choir

Are you passionate about singing and looking for a welcoming community?

No prior singing experience is necessary, just bring your enthusiasm. A supportive and inclusive environment.

Thursdays commencing

24 April for 11 sessions

11.15am-12.30pm Cost: \$8 per session

Guitar

Beginners

Ever wanted to learn how to play the guitar?

Come learn how to strum a few chords and learn the basics of the world's most popular instrument. Heaps of fun.

Thursdays commencing

1 May for 8 sessions

11am - 12pm Cost: \$100

Guitar Group

Do you know a few guitar chords?

Want to learn more and sing along?

Guitar can be used as a creative outlet, sharpen your concentration and be a calming therapeutic experience. Your tutor Paul has over 30 years experience.

Thursdays commencing

1 May for 8 sessions

12.30pm - 2.30pm Cost: \$100

Scrabble Social Group

Do you enjoy getting the last word in?

Join this friendly group for a bit of healthy competition and get your brain thinking.

Mondays

(No session 21 April or 9 June)

1pm - 4pm Cost: \$6 per session

Garden Club

Are you passionate about gardening and looking to connect with like minded individuals?

Share your love for plants, exchange gardening tips, and cultivate new friendships. Whether you're a seasoned gardener or just starting out, our group welcomes all levels of experience.

1st Friday of the month

2 May, 6 June, 4 July

10.30am - 12pm Cost: \$6 per session

(Excursions arranged throughout the term)

U-Bute Ukulele Group

Increase your repertoire and jam with this happy group

For those who have previously completed a ukulele course, or with previous experience. Join Jennifer and David for a joyous jam and sing along. BYO ukulele.

Mondays commencing

5 May for 8 sessions

(No class 9 June)

12.30pm - 2.30pm Cost: \$56

Calling Expressions of Interest

Chess Club

Please contact the centre by phone 5940 4728 to register your interest

Chit Chat Tuesdays (Women Over 60s)

Enjoy a coffee, a chat and want to make friends?

This friendly group comes together for activities and occasional outings.

Tuesdays commencing

22 April for 11 sessions

10am - 12pm Cost: \$6 per session

(Some weeks the group is out so prior bookings are essential)

Midweek Mingle

This group enjoys in-house activities, lunches and visiting local places

The group is open to everyone to attend.

Meetings at Outlook

Wednesdays commencing

23 April for 11 sessions

10am – 11.30am Cost: \$6 per session

In addition - off site outings (cost, dates and times vary)

Fun Fridays

Would you like to get out and about with others?

Visit local and further afield cafes, attractions and entertainment.

Make new friends and have some fun.

Meets every 2nd Friday

9 & 23 May, 6 & 20 June, 4 & 18 July

Time and cost of each outing to be confirmed.

Men's Discussion Group (Men Over 60s) - OM:NI

Meet for a coffee and a chat

Discuss issues of interest and concern, with plenty of laughs. Meet new people in a friendly welcoming atmosphere.

1st Wednesday of the month

7 May, 4 June, 2 July

7pm – 9.30pm

OR

2nd Wednesday of the month

14 May, 11 June, 9 July

9.15am for a 9.30am start - 12pm

Cost: \$6 per session



Knit and Knatter

Learn how to knit or crochet

Join this group to have a chat and spend time doing what you love with others.

Perhaps you have always wanted to learn how to knit. New and more experienced knitters welcome.

Saturdays once per month

12 April, 17 May, 21 June

10am - 2pm Cost: \$6 per session

Book Club - Discussion Group

Are you a book lover looking to share your passion for literature?

Engage in lively discussions and explore a wide range of books. Books provided.

Monday once per month

7 April, 12 May, 2 June

7pm - 9pm Cost: \$6 per session

Swipe - Acrylic Pour Paint

NEW

Try something new!

This colourful session of pour painting will let you learn basics of acrylic flow. You will create a stunning piece of art using the swipe technique. At the end of the session you will take home an interesting and unique piece of abstract art.

Monday 16 June

11am - 12pm

Cost: \$55 plus \$15 materials

Creative Healing

NEW

A four week grief art therapy group

Grief is complex, and sometimes words aren't enough. This art therapy group provides a gentle, supportive space to explore loss through visual art-based expression. Led by a Masters-qualified, registered Art Therapist, you'll have the opportunity to channel your emotions into creative art that promotes healing and self-discovery.

We welcome anyone navigating grief of any sort—whether recent or long-standing. No art experience is required; just an open heart and a willingness to explore.

Mondays

19 May, 2 June, 16 June & 30 June

11am - 1pm

Cost: \$120 plus \$50 materials

Texture Art on Canvas

NEW

Create your own abstract art with textures/ patterns on canvas using texture paste, mixed media and color.

Tuesday 27 May

10am - 11.15am

Cost: \$60 plus \$15 materials

Visual Journalling

NEW

Join us for the continuation of **Art Journalling, a group exploring self-expression through both written word and visual art.**

Guided by a Masters-qualified, registered Art Therapist, this group offers a creative and reflective space to explore thoughts, emotions, and personal narratives.

This program features all-new content, making it perfect for both new participants and those returning from the previous group. No art experience is needed—just a willingness to explore and create in a supportive environment.

Mondays

12 May, 26 May, 23 June & 7 July

11am - 1pm

Cost: \$120 plus \$50 materials



Follow us on Facebook

www.facebook.com/OutlookCommunityCentre/

Get your Boat and Jet Ski Licence

Training provided by Australian Boating College – who have been training for 30 years

No pre-study required. Complete your in-class course and test on the same day. Course covers Victorian Marine regulations, collision avoidance rules, safety equipment regulations, buoyage system and reading the weather. Present your certificate to Vic Roads to purchase your licence. No further testing is required at Vic Roads.

Cost: \$150 for 1 session (choose one date)

Wednesday 5.30pm - 9pm

2 April, 16 April

Saturday 8.30am - 12pm

12 April, 3 May, 10 May



First Nations History Course

Learn about the history of Australian Indigenous people from first contact through to 2025

Discuss the impact colonisation has had on First Nations people and how we can create a better future that everyone can enjoy, share and protect a healed and healthy country.

Fridays commencing

2 May for 10 sessions

10am – 12pm Cost: \$10

(Free for U3A members in Cardinia, \$5 for all other U3A members)



Cuisine

Italian Cooking for Beginners

NEW

Come and experience the art of making some traditional delicious Italian dishes in this hands on cooking class

Learn to make simple pasta dishes and sauces such as napolitana, bolognese, carbonara, lasagne and famous deserts such as tiramisu.

Wednesdays commencing

21 May for 2 sessions

5.30pm - 8.30pm

Cost: to be confirmed

South Indian Cooking for Beginners

NEW

Every spice has a story to tell and every dish is a journey

Taste the magic of South Indian home cooking in this hands on class where you will taste unforgettable flavours. Experience the art of making dosas, lentils, chutneys and simple desserts.

Thursday commencing

19 June for 2 sessions

5.30pm - 8.30pm

Cost: to be confirmed

Computer Training

Cardinia Shire Council Volunteer Subsidy may apply.

www.outlookaust.org.au/event-category/computer-training/

Get Tech Savvy - with Edie

Keep up to date with the digital world

Ask your questions about computing technology that frustrates or makes you curious. Since we learn much from each other, it's for beginners or those with some experience. You will build your confidence to use technology for socialising, accessing important services or organising your life. Includes computers, phones and tablets. Use your own devices or use ours.

**Tuesdays commencing
22 April for 11 sessions
9.30am - 12pm Cost: FREE**



Be Connected
Every Australian online.

Be Connected

There's never been a better time to get online and build your confidence

We offer free access to computers, iPads and the internet, free support and free 1 hour appointment for one-on-one training with an expert volunteer tutor. Learn the basics of getting online safely.

Please phone 5940 4728 to arrange an appointment.



Be Connected
Every Australian online.

Outlook Community Centre will also be running the following class at Beaconsfield Neighbourhood Centre:

Digital Essentials

For further information please contact BNC 03 8768 4400

Tech - Based Abuse

NEW

Stay safe when you're online

In today's interconnected world, technology can be misused to cause harm. Join us to learn how to recognise the signs of tech-based abuse and gain the skills needed to combat it effectively. Empower yourself with the knowledge to stay safe and help others in this digital age.

**Fridays commencing
23 May for 6 sessions
10am - 12pm Cost: \$30**



Understanding Digital Devices

Would you like to improve your understanding of technology?

Explore the use of digital devices, their functionality and the ways you can use these to connect with others. Learn how to access services over the internet and gain confidence to transfer your skills to different digital contexts.

Includes:

- Building email and internet skills
- Creating, saving and file management
- Using the cloud
- Being social online (video meetings)
- Downloading templates
- Security considerations

**Tuesdays commencing
9 May for 9 sessions
9.30am - 12.30pm Cost: \$50
(Includes course notes)**



Computer Training

Cardinia Shire Council Volunteer Subsidy may apply.

www.outlookaust.org.au/event-category/computer-training/

Xero Accounting

Accounting software for small businesses

This simple cloud based accounting system will let you manage your finances and cash flow on the go.

Please bring a working email address and smartphone to the class.

**Tuesdays commencing
20 May for 7 sessions
6pm - 9pm Cost: \$85
(Includes course notes)**



Microsoft Office - Next Step

For those who already have a Microsoft account and basic knowledge of MS Office/365.

Delve deeper into a range of apps such as Word, Excel, PowerPoint, OneDrive, Sway, Outlook, Forms and OneNote.

**Mondays commencing
12 May for 7 sessions
(No session 9 June)
9.30am - 12.30pm Cost: \$50
(Includes course notes)**



Canva - Online Design Made Easy

Free online graphic design platform

Learn to create professional social media posts, business cards, invitations, flyers. Make the most of this attractive platform to utilise for business and personal needs.

**Wednesdays commencing
18 June for 2 sessions
9am - 12.30pm Cost: \$25**



Our computer courses

- Designed for Microsoft Windows computers and Apple iPads/phones
- Small classes
- Qualified and professional teachers
- Tailored to participants needs
- Subsidised costs
- NO TESTS

Procreate for Mindfulness for Adults NEW

Learn a new skill and a new mindfulness technique with digital art!

Guided by award-winning digital artist, Figgy O'Connell, you'll learn how to digitally create your own line art, mandalas, and other therapeutic art exercises, via the Procreate App. You can then colour these in, either digitally or in the physical world, and can print and share with friends and loved ones, Suitable for all ages and skill levels. iPad, with Apple Pencil and Procreate provided, or BYO.

**Thursdays commencing
5 June for 5 sessions
10am - 11.30am Cost: \$100
(\$35 for one session. Please contact the centre to book)**

www.outlookaust.org.au/event-category/professional-training/

Training and assessment provided by Livcor/APL Health - RTO provider No. 3586
Some homework prior to classes. USI number required.

Provide First Aid (HLTAID011)

This course provides the skills and knowledge required to provide a first aid response, life support and management of the casualties until the arrival of medical or other assistance. Includes CPR.

Friday 9 May OR Saturday 21 June
9.30am - 2.30pm Cost: \$175 per session

Cardiopulmonary Resuscitation (HLTAID009)

This course provides the skills and knowledge to be able to handle cardiac emergency situations.

Friday 9 May OR Saturday 21 June
9.30am - 11.30am Cost: \$70 per session

Provide an Emergency First Aid Response in an Education and Care Setting (HLTAID012)

For educators, support staff and carers working within an education and care setting who are required to respond to a first aid emergency, including asthma and anaphylaxis. Includes CPR.

Friday 9 May OR Saturday 21 June
9.30am - 3pm Cost: \$175 per session



Volunteers Needed to Facilitate Classes and Activities

- Do you want to share your passion and skills with others? Health and wellbeing, personal development, dancing, languages, cooking, computers – whatever your passion is we would love to meet you!
- Do you need to volunteer to fulfil your Services Australia obligations? OR want to keep your brain active and learn new things?

Please contact the centre for more information:
Phone: 5940 4728
or Email:
communitycentre@outlookaust.org.au



We have all been touched by
Cancer in some way.

Join us for morning tea and
entertainment to help raise money
for cancer research, prevention and
support services.

Wednesday 7 May
10.30am - 12.30pm
Donation \$20

RSVP for catering purposes
Book and make your donation online
www.outlookaust.org.au/events/

Practical Matters in Dementia Care, Tips and Strategies

NEW

Please note you must be registered with Carer Gateway to attend this session.

For those caring for someone with dementia, come and explore practical matters in dementia care, with useful tips and strategies, questions and answers. Hear from carers who attend the Forget Me Not Café and the Carers Social Support Groups.

Tuesday 6 May, 1pm - 3pm Cost: FREE (includes refreshments)

This session will provide crucial and valuable information to help carers better support their loved ones by addressing their own needs through a personalised approach. It also offers an opportunity to increase your awareness of the services available to assist you as a carer.

Presented in partnership with Alfred Health Carers, Dementia Services Australia, Dementia Australia, and Cardinia Shire Council.



AlfredHealth



Carer's Group

Supporting those who support others

Offering carers of people with a disability, mental illness or elderly people a chance to get together and learn more about news, services and support available to them whilst having a cuppa and a chat.

1st Thursday of the month

1 May, 5 June, 3 July

10am - 12pm Cost: FREE



Forget-Me-Not Café

This café style program brings together people living with dementia and their loved ones

The café is a nurturing space that offers enrichment, support and understanding, where you can share experiences with others living with the challenges of dementia. Come along to enjoy activities, entertainment and refreshments.

Tuesdays once per month

15 April, 20 May, 17 June

10am - 12pm Cost: FREE

Aged Care Information Session

You are invited to attend an informative session

hosted by a Care Connect - Care Finder Program, where you will learn about:

- How to register for aged care services
- The assessment process for aged care services
- The various funding options available to help you continue living at home
- The Care Finder Program – who is eligible and the support it offers

Wednesday 25 June, 10am - 11am Cost: FREE

A person must be eligible for government funded aged care and have no carer or support person who can help or assist.



Pilates/Low Impact Strength Training for Over 50s

Builds strength and balance

Gentle exercises to enhance your life and assist you to regain the strength you once had. Suitable for all levels of fitness. BYO mat and drink bottle. Please bring your own hand weights if possible (loan weights are available).

Thursdays commencing

24 April for 11 sessions

8.45am - 9.45am Cost: \$127

Hatha Yoga

Strengthen your body with yoga stretches and postures

BYO mat, blanket and drink bottle

Wednesdays commencing

23 April for 11 sessions

10am - 11.15am Cost: \$176

Line Dancing

Join in the boot scooting fun!

Enjoy some fun dancing to all genres of music. The class starts with upper beginner level and moves onto improver/early Intermediate level

Fridays commencing

2 May for 10 sessions

10am - 12pm Cost: \$80

\$11 per session casual

Functional Fitness

Improve balance, agility and muscle strength

Train your body to make it easier and safer to perform everyday activities. Suitable for all ages and abilities. Chair-based and standing options available.

BYO drink bottle. BYO hand weights if possible (loan weights are available)

Thursdays commencing

24 April for 11 sessions

10am - 11am Cost: \$127

Tai Chi

Create harmony between your mind and body

A gentle, low impact, slow-motion form of exercise that can help maintain strength, flexibility and balance. It is one of the most effective exercises for health of mind and body and gives a sense of wellbeing through slow gentle movements.

Beginners/Intermediate/Advanced

Learn the Beijing 24 style.

Mondays commencing

28 April for 9 sessions

(No session 9 June)

7pm - 8pm Cost: \$108

Beginners/Intermediate

Learn the Yang Style 10 (standardised) form.

Wednesdays commencing

23 April for 11 sessions

10.30am - 11.30am Cost: \$132

\$14 per session casual for both styles

Meditation

This guided meditation journey will be calming and insightful

Wear comfortable clothing.

A journal, pen and blanket are optional

Mondays commencing

28 April for 9 sessions

(No session 9 June)

9.30am - 10.30am Cost: \$135

Resistance Training

Burn fat, increase muscle mass and lose weight.

This type of training targets specific muscle groups, helps increase bone density, boosts metabolism, and improves overall fitness. It's effective for injury prevention and enhancing athletic performance.

All ages and level of fitness welcome.

BYO mat and weights or borrow ours

Mondays commencing

28 April for 9 sessions

(No session 9 June)

5.30pm - 6.30pm Cost: \$99

Hearing Health Awareness

Always Hear -

FREE Hearing Assessment

- Free hearing assessment
- Hearing devices
- Hearing device maintenance
- Micro suction wax removal (fees apply)
- Government funding for eligible clients

Monday 28 April or 26 May

or 30 June

Cost: FREE

Call 5940 4728 to book your appointment.



Laughter Yoga

'Laughter is the best medicine'

Laughter Yoga is a fun and effective program that is beneficial for your wellbeing. It is not traditional yoga but involves deep breathing exercises, which turn into laughter. This positive energy reduces stress, anxiety and depression and strengthens the immune system. We all feel better when we laugh.

Tuesdays commencing

15 April for 13 sessions

6pm - 7pm Cost: \$26



Creative Healing

A four week grief art therapy group

NEW

Grief is complex, and sometimes words aren't enough. This art therapy group provides a gentle, supportive space to explore loss through visual art-based expression. Led by a Masters-qualified, registered Art Therapist, you'll have the opportunity to channel your emotions into creative art that promotes healing and self-discovery.

We welcome anyone navigating grief of any sort—whether recent or long-standing. No art experience is required; just an open heart and a willingness to explore.

Mondays

19 May, 2 June, 16 June & 30 June

11am - 1pm

Cost: \$120 plus \$50 materials

Spanish Language Support Group

Join this friendly group to help improve your Spanish conversational skills

This is not a class, but a support group to help expand your existing knowledge in a relaxed and friendly environment. All levels welcome.

**Meets 2nd & 4th Tuesday of the month
8 & 22 April, 13 & 27 May, 10 & 24 June
5pm - 6.30pm Cost: \$6 per session**

Italian - Beginners Support Group

Do you want to learn some basic Italian?

Muddle through with us and let's support each other to learn some basic Italian. This group is not a class, but is an informal support group hoping to support each other through this journey.

**Mondays commencing
12 May for 7 sessions
(No session 9 June)
6pm-7.30pm Cost \$6 per session**

Supported Classes

www.outlookaust.org.au/event-category/supported-classes/

These programs are specifically designed for people with a disability to learn practical life skills while developing confidence and social skills in a supportive group.

Understanding Digital Devices

Improve your understanding of technology

Expand your understanding and skills of digital devices and technology.

**Tuesdays commencing
15 April for 12 sessions
9.30am - 12.30pm Cost: \$30**



Literacy and Numeracy in the Kitchen

This course focuses on numeracy and literacy skills needed in the kitchen

Engage in a variety of hands-on cooking activities which can assist with everyday life skills. Eat afterwards with class.

**Thursdays commencing
10 April for 12 sessions
(No session 17 April)
11am - 2pm Cost: \$30 plus
\$5 per week for ingredients**



Literacy, Numeracy and Real Life Money Skills

Improve literacy and numeracy skills through hands on learning

Enjoy practical and fun activities whilst reinforcing the key concepts through repetition.

**Mondays commencing
28 April for 9 sessions
(No session 9 June)
9.30am - 2.30pm Cost: \$30
Location: Guides Hall, Narre Warren**



Work and Life Success for People with a Disability

Primary focus will be on individual development of social skills in personal and real-life context.

**Dates, time to be confirmed
Cost: \$30
Please call 5940 4728 to express
interest in this course.**



Walking Groups

www.outlookaust.org.au/event-category/walking-groups/

Toomuc Valley Walkers

Walk your way through local park lands

This group caters for walkers of all levels.

Tuesdays

Meet at rotunda on highway opposite Toomuc Valley Road

9.30am - 10.30am Cost: FREE

Cardinia Wanderers

A walk that is a bit more challenging

Get some exercise whilst exploring different places each week. Look after your health and wellbeing whilst making new friends along the way. These walks are over 5km.

Wednesdays

Meet at Outlook at 9.30am

Cost: FREE

(Bring your own lunch or buy your own)

Marketplace Walkers

Walk in comfort on a flat surface

Enjoy an indoor walk that is free from traffic and bad weather. Suitable for all abilities and ages.

Fridays commencing

Meet at Pakenham Central Marketplace (near escalators)

8am - 9am Cost: FREE



Services

FREE Legal Advice

Do you have a legal issue that you would like some advice on?

- Not sure which is the best way to proceed?
- Expert advice available from local Lawyers.

FREE 15 minute phone appointments

Bookings essential

Wednesdays

16 April, 21 May, 18 June

5.30pm - 7pm

Please call 03 5940 4728 to book

FREE Library

The Community Centre has a wonderful collection of books available for you to explore. We encourage you to drop in and browse the shelves. Feel free to borrow or donate books for others to share and enjoy. No need to return the books, you are welcome to keep what you take home with you.

Monday to Friday

9.00am - 4.00pm

Outlook

NOW ACCEPTING ENROLMENTS!

Flexible disability service options to help you thrive in work and life.

From skill building and work training, social outings and special interest groups, to tailored 1:1 support and respite - **Outlook Horizons** and **Outlook Beyond** can help you build the life that you want.

HOW CAN WE HELP?

- Outlook Horizons - Group Programs
- Outlook Beyond - Tailored 1:1 Support
- High-Intensity Support

disabilityvic@outlookaust.org.au
1300 137 140



SCAN FOR MORE



Need a venue for your next meeting or special occasion?

Outlook Community Centre has a large Function Centre available to hire for your special occasion. Our Function Centre accommodates from 50 - 150 people and comes with a fully equipped kitchen. External or self catering allowed.

Small and medium training rooms are also available for businesses or community groups.

More details of our rooms and facilities can be found on our website www.outlookaust.org.au

Outlook
community centre